



## **GFPP SPRING MEETING**

**14<sup>TH</sup> March**

**Via Zoom**

### **MINUTES**

#### **Present:**

Mark Fitzpatrick, GCFN

Sarah Gowanlock, Food for Life Scotland, Soil Association Scotland

Riikka Gonzalez, GFPP

Jill Muirie, Glasgow Centre for Population Health – GCPH (GFPP CHAIR)

Thalia Groucott, GCFN

Helen Traill, University of Glasgow

Kelda McLean, GCPH

Laura Muir, Scotland Excel

Ania Neisser, Glasgow Third Sector Interface Network

Mairi Baker, Glasgow City Council

Pete Ritchie, Nourish Scotland

#### **Apologies:**

Aimee Matheson-Dear, Gillian Edgar, Katherine Long, Gillian Pagani, Deidre Shaw, Lorna Hamilton, Siobhan Boyle, Alex Patterson, Kathleen Caskie, Kristina Nitsolova, Louise McKenzie, Margaret Gilmour

#### **Apologies:**

##### **1. Welcome and apologies**

As noted.

##### **2. Note of last meeting and matters arising**

These were agreed as accurate.

Matters arising were covered in agenda items.

Jill advised that, based on feedback, the aim is to have two GFPP meetings a year, in order to reduce the burden on those who attend multiple food meetings.

### 3. Glasgow City Food Plan Evaluation, Findings and Implementation

#### Update on priority setting:

Jill also provided an update on the recent University of Glasgow evaluation, which produced three broad recommendations, which were:

1. Refining the action plans to make them smarter
2. Intensify collaboration and achieving more together
3. Securing broader stakeholder commitments

Jill provided an update on progress and advised that steps are being taken to work towards on addressing these aims.

Jill also gave an update on the sub-groups, as follows:

- **Fair Food For All** – have been successful in obtaining funding for a Cash First project and the Project Lead will begin in April. The group is also working on producing an early infant feeding pathway and resources. A further development is to evolve into a partnership that merges the working group with the cash first partnership to minimise duplication. The proposal is that the group will be named the Food For All Partnership to reflect the breadth of the breadth of membership and it will align with the Glasgow City Food Plan, but will also align with and report to other structures in the city .
- **Community Food** - the community food theme hasn't met for a while, largely due to resource challenges. However, work has continued by partners at Glasgow Community Food Network through the Food and Climate Action Project, who have developed a community composting project which is working to help communities redirect food waste away from refuse collection and that has generated quite a lot of enthusiasm amongst a community sector. There are also, through NHS GGC, provision of a series of funded training opportunities to support community cooking and to increase our pool of community chefs in the city.
- **Catering and Procurement** – this group hasn't met for a while, again due to resourcing and staffing issues. However, there have been talks with different partners and we're hoping that the group will be re-established in the very near future. There is a draft set of priorities that will feed into the final priority actions. It was noted also that Glasgow City Council have got their bronze Food for Life award maintained again this year and two other venues in Glasgow are in the process of receiving their awards.
- **Food Economy** – have agreed their priority actions and some of the key achievements are: the development and launch of the 2nd edition of the Sustainable Food Directory in Glasgow; work with the Chamber of Commerce on their grounds

for recycling initiative to redirect used coffee grounds from cafes during the World Cycling Championships and the community food markets, the first new one was trialled before Christmas at Whiteinch. Also being discussed is a new food charter for major events in the city.

Jill advised that we have split the food environment theme into two groups: **Food Waste Reduction** and **Urban Agriculture** and both groups are refreshing membership because of this. Jill noted some relevant developments including:

- Glasgow City Council's Food System Development Fund, which in December, made £485,000 available for projects by third sector organisations to further the aims of the City Food plan and a number of projects have received funding.
- In terms of food waste reduction, Glasgow was the site for the second phase of the Coronation Food Hub Fund from the King's Coronation, and a number of projects in Glasgow have been awarded funding for food waste reduction projects. As part of that, Glasgow will be the site of the second food waste hub.
- **Children and Young People** - the group is developing well and have agreed priority actions.
  - Good food groups in schools are developing well and there's a really enthusiastic group of teachers that are leading good food groups across a number of schools.
  - The launch of Your Body Matters curriculum resource for primary schools last year went well and has been rolled out; the resource will be evaluated by University of Glasgow.
  - Glasgow has maintained its UNICEF Baby Friendly Gold Award and is rolling out the Breastfeeding Scotland campaign. The group is looking for ways at the food plant can support that.
  - The Thrive Under 5 project is doing really well and supporting families with young children in three areas of the city to improve access to fruit and vegetables.
- **Food Education** – there is no longer a lead for this group and it was asked whether this group is useful or if it should be incorporated into another group instead. It was noted that Sustain's Roots to Work is a useful link for this group.

Jill advised that there will be a report on the delivery of the new priorities and much more detail will be published in the annual report in a few months.

Jill also asked for any who has ideas on refreshing the procurement group, the urban agriculture group or the waste reduction group to get in touch with her. **Action: All to note**

## Webinars and events:

Jill advised that, the University of Glasgow evaluation had also identified that people would welcome more information about what was happening in the city and also learning from other places about good practise. We now have plans for a webinar and podcast series , which includes:

- January - was the 'Full of Beans' Campaign launch
- February & March – live 'Full of Beans' campaign events
- April – a webinar to coincide with Earth Day, 22<sup>nd</sup> April with the focus on reducing meat and dairy intake
- May - healthy food distribution in Glasgow is involving Alexandra Rose and Pantries in Glasgow.
- June - breast feeding awareness month
- August - lower carbon procurement
- September - urban agriculture projects
- October – LIVE City Food Plan event for all working group members and stakeholders.

Riikka asked everyone to email her if they had any suggestions for speakers. **Action: All**

Helen advised that she had sent Jill a report by TNI who could bring an international perspective on procurement and Jill will look into this. **Action: Jill**

Thalia advised that she will be working on accompanying podcasts and asked for volunteers or recommendations for relevant interviewees. **Action: All to note**

## 4. Communications and Campaigns Update

### General Comms update

Riikka advised that some groups in the city, especially some community groups, are not necessarily aware of the food plan so some standard text will be prepared that will be distributed to all our partners and stakeholders to encourage people to sign up for the newsletter because that's where all major updates are shared. A separate email will be sent to all GCC councillors.

Another priority is the communications timeline that will be shared with the communications working group that lists all the local, national and international days around food related activity. This will be linked to the GFPP communications strategy.

## Full of Beans campaign

Riikka gave an update on the Beans campaign and advised that:

- campaign was launched at the end of January with our global partner 'Beans is How' and Oxford-based BeanMeals. Around 50 people attended online, the recording posted on social media and was turned into a podcast.
- Riikka has also spoken about the campaign at a global Bean Coalition meeting.
- The campaign team took over the GCFN networking event on the 23rd of February.
- Glasgow Kelvin College hosted a bean-focused training event for chefs and catering students – which even featured a bean cocktail! Thalia is hoping to produce some recipe videos to show the different dishes that he made to kind of keep the inspiration going.
- This month there has been a call out for restaurants to put beans on the menu; pictures and descriptions of these have been showcased on social media.
- the Food For Life team have been working with Glasgow City Council catering developing some bean based recipes for school meals, which could be available after this summer. They will have some events in April where the students will actually get to taste these menu items.
- Jenny from GCFN is recruiting some community and market gardens to do some bean growing for the pilots and there is an event by the seed library at Tramway hidden Gardens this Saturday.
- Thalia noted that there are 'communications' and 'how to get involved' toolkits on the website if anyone wants to have a look.

Everyone was asked if they have any ideas about how their organisation how they can take forward some of the work on the beans campaign. **Action: All to note**

## 5. Upcoming Consultations

It was noted that following consultations are currently live:

- National Good Food Nation Plan: <https://consult.gov.scot/agriculture-and-rural-economy/national-good-food-nation-plan/> - closes 22<sup>nd</sup> April
- Restricting promotions of food and drink high in fat, sugar and salt: <https://consult.gov.scot/population-health/restriction-promotion-of-food-and-drink-proposed/> - closes 21<sup>st</sup> May

Riikka and Jill will be working on a GFPP response and will circulate for comment. **Action: Jill/Riikka**



## 6. GFPP Partner Updates

Please add your update here:

<https://docs.google.com/document/d/12kSkpybR66GSdJ6NnINHxjcPYOmCa5p/edit>

Some updates were discussed, as follows:

- Mark advised that GCFN have sort of launched their cash first work in the Community foods organisations with an accompanying survey: [About the Research \(google.com\)](#). GCFN are also adding Money Advice to their city food map and welcomed submissions: [Find Local Food Services | Glasgow Community Food Network \(glasgowfood.net\)](#)
- Helen gave two updates from the University - a PhD project with the City food plan looking at how community organisations can support the plan and the different levels between policy, community organisations and households and how change can happen across those layers. The advert for that PhD will go live on Monday. Secondly, Helen advised that there might be an opportunity for growing at the farmland, which is a community garden owned by the University of Glasgow and could have potential for diversification.
- Pete gave an update on Nourish Scotland's work on public diners and advised that they are looking to have 6 prototypes funded and invited organisations to get in touch if they are interested in collaborating. He also advised that they have been working with nurseries through Thrive Under 5 to introduce fruit and vegetables into the nursery through play. Finally, they are working with Pakistani women on costing and access to nutritious food. They are also looking to do a piece of work around sustainable fish consumption and welcomed interest in collaboration.
- Riikka updated on Glasgow's 850<sup>th</sup> Anniversary next year, which GCC and the Circular Glasgos campaign team are leading on; there are likely to be activities taking place around food. There was discussion on how this could possibly involve a public diner event and Thalia mentioned also linking with Interfaith Glasgow who have hosted their One Big Picnic in George Square in previous years. There was also discussion on the history of food in Glasgow through industrialisation and how links to the land were severed and how this might have changed the food culture. Helen commented that this also links with the idea of food sovereignty which is a big research focus at present.

## 7. Partner Collaboration and New Links

This was covered in partner updates.



## **8. Dates of next meetings**

Jill concluded by advising that, going forward, the plan is to have 4 working group meetings per year plus two full GFPP meeting plus one face to face networking event. Provisional dates are as follows:

- September, GFPP meeting (date TBC)
- October, GCFP/GFPP in-person networking event (date TBC)
- November 2024