



# Glasgow Children's Holiday Food and Activity Programme





## Glasgow City Council's Holiday Food Programme

The Glasgow Children's Holiday Food Programme was introduced by Glasgow City Council in 2018 to address aspects of poverty in Glasgow, specifically Children's Holiday Hunger.

The Council established a programme of grant funding to enable community organisations to provide a programme of nutritious food and activities to children and young people during the school holiday periods. The programme is open to all third sector organisations and is for all children/young people from 0-18 years of age.

Glasgow City Council has committed over \*£14m into supporting holiday food and activity programmes across the city since 2018. *(\*includes £2.2m funding from the Scottish Government towards delivery of summer programmes in 2022 and 2023).*

Since 2018, monitoring data shows a combined total of \*216,120 children and young people attending the programmes delivered in every electoral ward in Glasgow. *(\*figure doesn't represent individual attendees as some may have attended more than one programme in each year/s).*

The average weekly attendance at the programmes is 4339.

## Number of meals provided

Food provision varies across the programme but all providers are required to offer a balance of food options which are considered healthy and nutritious. Organisations provide a variation of meals and snacks. Some organisations provide one meal per day, while others provide up to three per day.

In the table below you'll see a breakdown of food provided during the periods 2018 till Spring 2023. (*Monitoring data for Summer 2023 not yet available as submission date for monitoring returns is 4 September 2023*)

Total of meals provided from Summer 2018 – February 2019	Food provision	Spring 2019 – Spring 2023
169,801	Breakfast	447,307
	Lunch	844,713
	Dinner	244,507
	Snacks	765,299
	<b>Combined Total</b>	<b>2,471,627</b>

*\*food provision categories introduced from Spring 2019*

## Provision during 2020 lockdown

In addition to the food provision above, a combined total of 417,628 individual breakfasts, lunches, dinners and snacks were provided in the form of food parcels to those in need by the organisations working in our communities during the Covid-19 lockdown in 2020.

“ I love coming here and getting all this lovely food and treats every day, I don't get ever get to eat anything as much as this in one day. It is delicious and is so special to me. ” **Child**

“ The summer clubs have really helped my son, thank you for putting in the extra time needed to help him engage due to ASN he is now much more ready for starting school in August. ” **Parent/Carer**

“ The holiday programme is amazing for so many things. Allows the kids to socialise with new pals and provides healthy food for kids whose parents may be struggling. ” **Provider**

## Activities

A diverse range of activities are offered by the providers delivering the holiday programme including:

STREET  
PLAY

ARTS AND  
CRAFTS

JEWELLERY  
MAKING

DANCING

SPORTS

NATURE  
WALKS

BUSH  
CRAFT

LOTS OF  
DAY TRIPS

COOKING  
LESSONS

LEARNING  
ABOUT  
OTHER  
CULTURES

GROW  
YOUR OWN

MUSIC  
WORK  
SHOPS

KARAOKE

STORY  
TELLING

DRAMA

CYCLING

INDOOR/  
OUTDOOR  
FREE PLAY

TALKS

WALKS

GO  
CARTING

AND MANY  
MORE